

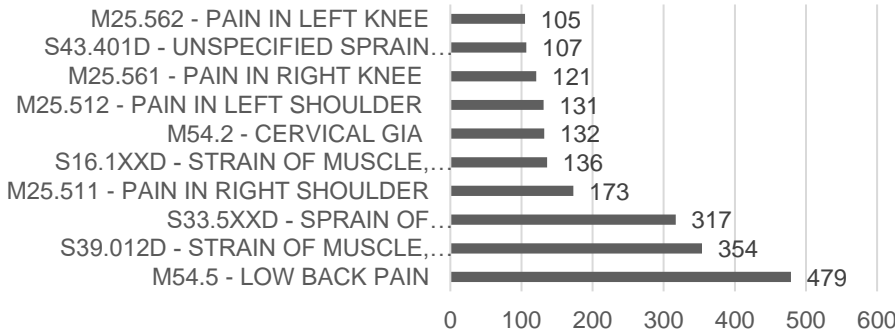
Utilization Performance Report – State of Texas Workers’ Compensation

Bottom Line: Despite the fact that their patients’ injuries are similar in severity when compared to the average workers’ compensation patient, the average Texas workers’ compensation patient is discharged with fewer visits in both surgical and non-surgical cases when compared to ODG guidelines.

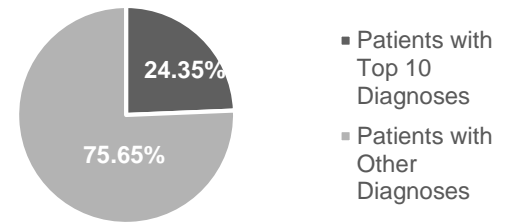
Data: State of Texas Workers’ Compensation patients discharged and processed between 1/1/2019 and 9/10/2020.

Injury Demographics: 24.35% of Texas workers’ compensation patients have one of 10 diagnoses. This is in line with the national average of 24%. Over 50% of the patients had low back injury diagnoses.

Number of Patients in Top 10 Diagnoses

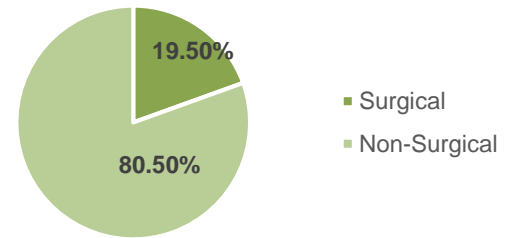
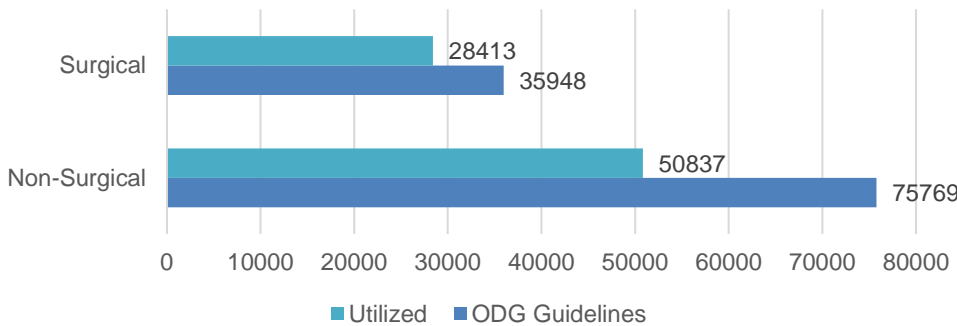


2055 Total Patients - All Diagnoses



Overall Performance: The average Texas workers’ compensation patients completed significantly fewer visits when compared to ODG guidelines for non-surgical and surgical patient populations.

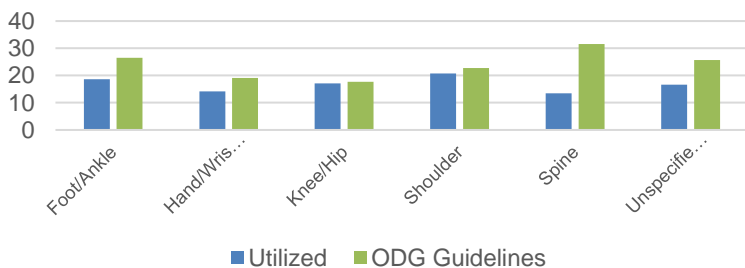
Aggregate Summary of Total Visits



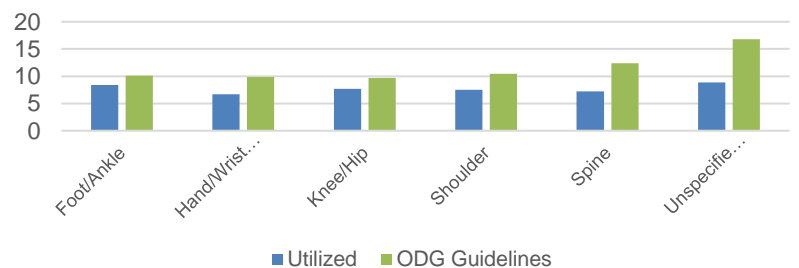
Surgical rates below 30% are typical for many workers' compensation employers. Texas workers' compensation patients' injuries are within this threshold.

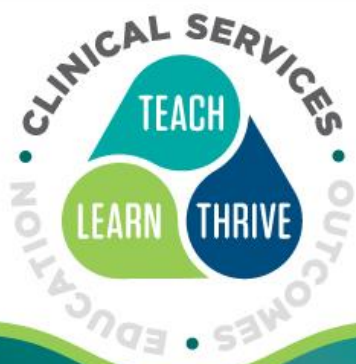
Analysis by Body Part: Texas workers’ compensation patients completed their cases and were discharged with significantly fewer visits than ODG guidelines in all body regions measured for both surgical and non-surgical patients.

Surgical - Average Visits per Case



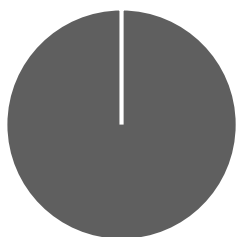
Non-Surgical - Average Visits per Case



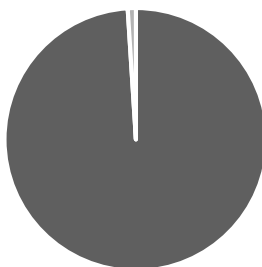


Patient Experience Survey Results for Select Medical Corporation Texas Workers' Compensation Patients

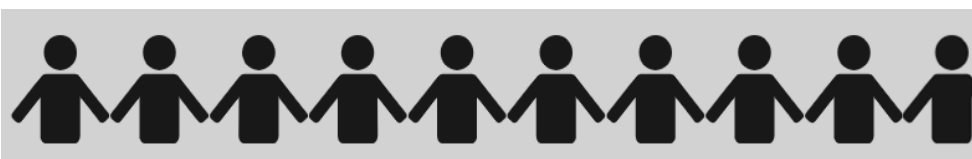
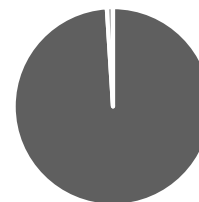
100% of patients surveyed are likely to return to us for physical therapy if needed. ⁽¹⁾



99% of patients surveyed would likely recommend us to their physician. ⁽¹⁾

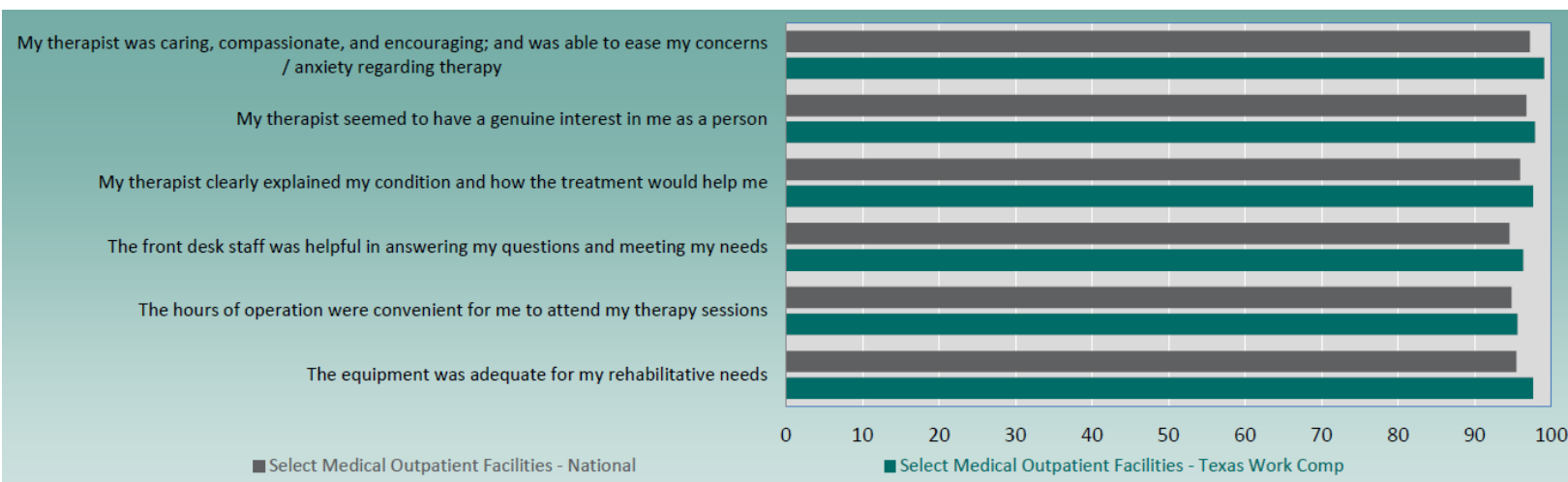


99% of patients surveyed agree that their therapist was knowledgeable, skilled and experienced. ⁽¹⁾



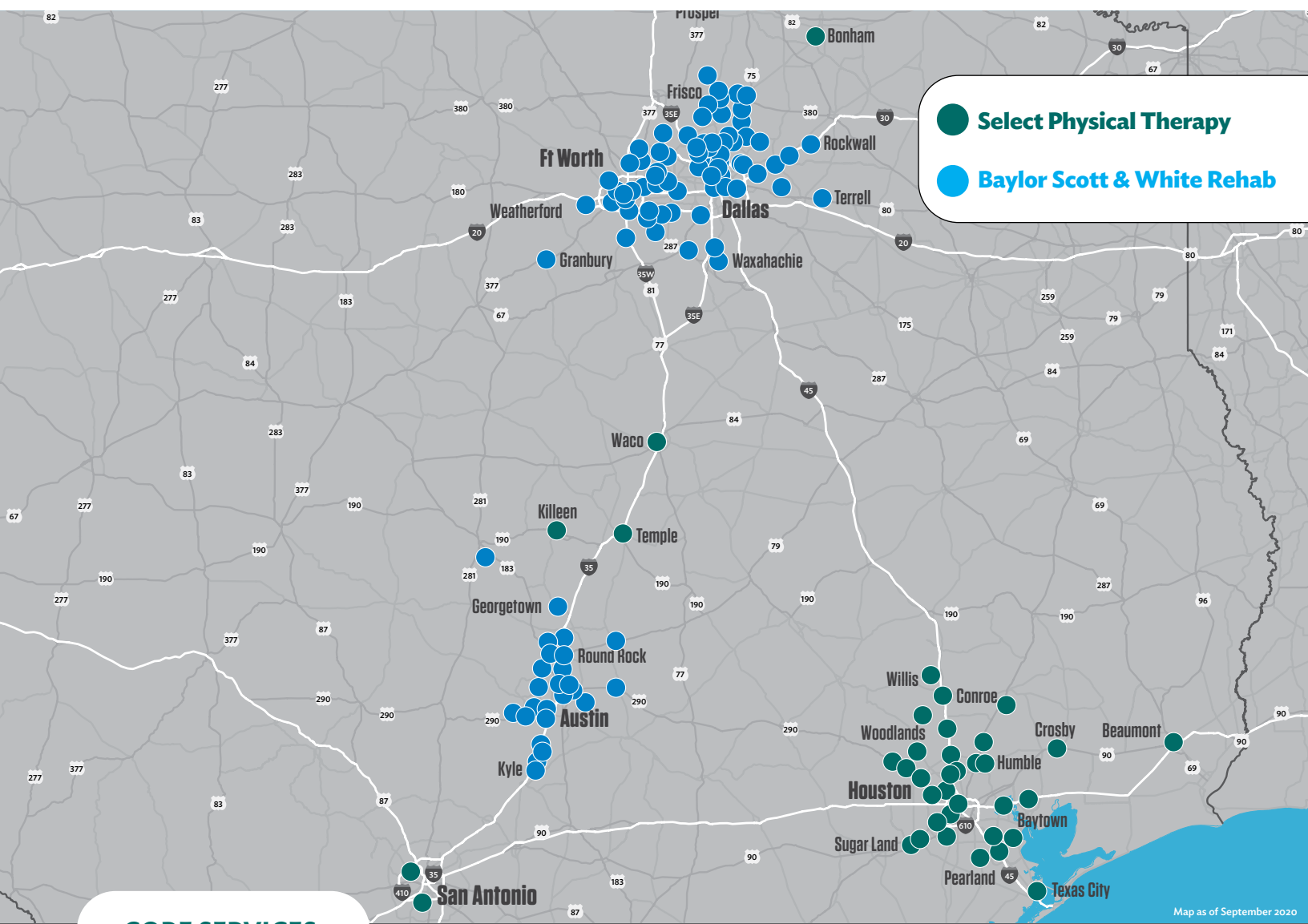
9.9 out of 10 patients surveyed would recommend us to their family and friends.

⁽¹⁾ Based on 296 completed surveys received where the patient responded "agree" or "strongly agree".



- The graph above is based on a 5-point scale ranging from strongly disagree to strongly agree. Values show averages of all responses received.
- Graph represents data collected from Texas Workers' Compensation patients compared to data collected on a National scale. Scores were collected between 1/1/19 and 8/5/20.
- Survey is sent to patients post-discharge via email and are completed electronically away from the facility.

TEXAS LOCATIONS



 **Select Physical Therapy**

 **Baylor Scott & White Rehab**

CORE SERVICES:

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- » Sports Medicine
- » Orthopaedic Rehabilitation

- » Low Back Rehabilitation
- » Hand/Occupational Therapy
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AND MUCH MORE.

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SUITE A102
KILLEEN, TX 76542
254.628.8391 F: 254.628.7821

TEMPLE

1616 AZALEA PLACE
SUITE 106
TEMPLE, TX 76502
254.771.9003 F: 254.771.9006

BEXAR COUNTY

HUEBNER

9150 HUEBNER ROAD
SUITE 275
SAN ANTONIO, TX 78240
210.561.7000 F: 210.561.7104

SW MILITARY

606 SW MILITARY DRIVE
SAN ANTONIO, TX 78221
210.924.2005 F: 210.924.2053

BRAZORIA COUNTY

PEARLAND

2637 LAZY BEND STREET
SUITE 101
PEARLAND, TX 77581
281.485.4144 F: 281.485.4196

COLLIN COUNTY

ALLEN

400 N. ALLEN DRIVE
SUITE 104
ALLEN, TX 75013
972.727.1931 F: 972.727.0065

FRISCO COIT

5375 COIT ROAD
SUITE 110
FRISCO, TX 75035
214.618.5357 F: 214.618.5378

FRISCO MAIN

5858 W. MAIN STREET
SUITE 160
FRISCO, TX 75034
972.712.2669 F: 972.712.4514

FRISCO @ THE STAR

3800 GAYLORD PARKWAY
SUITE 130
FRISCO, TX 75034
214.872.1699 F: 214.872.1920

FRISCO STONEBROOK

8204 STONEBROOK PARKWAY
FRISCO, TX 75034
972.335.1407 F: 972.335.1408

MCKINNEY ELDORADO

2960 ELDORADO PARKWAY
SUITE 75
MCKINNEY, TX 75070
972.562.0713 F: 972.562.0932

MCKINNEY LAKE FOREST

5236 WEST UNIVERSITY DRIVE
SUITE 3500
MCKINNEY, TX 75071
469.952.5082 F: 469.952.5043

MCKINNEY REDBUD

1705 WEST UNIVERSITY DRIVE
SUITE 119
MCKINNEY, TX 75069
972.569.8860 F: 972.569.9746

MURPHY

511 FM 544
SUITE 208
MURPHY, TX 75094
972.578.0306 F: 972.578.0514

PLANO 15TH

3700 WEST 15TH STREET
BUILDING B, SUITE 200
PLANO, TX 75075
972.867.7675 F: 972.985.1788

PLANO ALLIANCE

4825 ALLIANCE BOULEVARD
SUITE 200
PLANO, TX 75093
469.606.1378 F: 469.606.1383

PLANO W. PARKER

4701 W PARKER ROAD
SUITE 625
PLANO, TX 75093
972.398.2555 F: 972.398.9003

PROSPER

1450 NORTH PRESTON ROAD
SUITE 40
PROSPER, TX 75078
972.433.1322 F: 972.433.1378

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3413 SPECTRUM BOULEVARD
SUITE 200
RICHARDSON, TX 75082
972.234.4745 F: 972.234.4772

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600 COOPER DRIVE
SUITE 130
WYLIE, TX 75098
972.442.6525 F: 972.442.6543

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2990 LEGACY DRIVE
FRISCO, TX 75034
469.888.5192 F: 469.888.5198

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4135 BELTLINE ROAD
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ADDISON, TX 75001
972.789.9527 F: 972.789.9541

CARROLLTON BLUE SKY

1850 LEGENDS TRAIL
CARROLLTON, TX 75006
972.395.3454 F: 972.395.3556

CARROLLTON FRANKFORD

1933 EAST FRANKFORD ROAD
SUITE 110
CARROLLTON, TX 75007
972.394.7170 F: 972.492.8065

CARROLLTON JOSEY

4343 NORTH JOSEY LANE
CARROLLTON, TX 75010
972.394.2232 F: 972.512.1570

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651 NORTH DENTON TAP ROAD
SUITE 120
COPPELL, TX 75019
972.899.5180 F: 972.899.5182

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3107 WEST CAMP WISDOM ROAD
SUITE 131
DALLAS, TX 75237
214.339.4533 F: 214.339.4738

DALLAS CARROLL

1015 NORTH CARROLL AVENUE
SUITE 100
DALLAS, TX 75204
214.887.6580 F: 214.887.6252

DALLAS CENTRAL

11617 NORTH CENTRAL EXPRESSWAY
SUITE 140
DALLAS, TX 75243
214.369.4123 F: 214.369.2791

DALLAS KESSLER PARK

222 EAST COLORADO BOULEVARD
DALLAS, TX 75203
214.946.3055 F: 214.946.3094

DALLAS LAKE HIGHLANDS

6243 RETAIL ROAD
SUITE 600
DALLAS, TX 75231
214.890.9853 F: 214.890.9856

DALLAS LANDRY

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SUITE 4000
DALLAS, TX 75246
214.820.7457 F: 214.820.1654

DALLAS PRESTON HOLLOW

4347 WEST, NORTHWEST HIGHWAY
SUITE 180
DALLAS, TX 75220
214.654.0947 F: 214.654.0956

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13000 JOSEY LANE
SUITE 150
FARMERS BRANCH, TX 75234
972.247.1100 F: 972.247.1105

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4430 LAVON DRIVE
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GARLAND, TX 75040
972.495.5416 F: 972.495.7192

GARLAND SHILOH

333 NORTH SHILOH ROAD
SUITE 108
GARLAND, TX 75042
972.276.0566 F: 972.276.0586

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7217 TELECOM PARKWAY
SUITE 200
GARLAND, TX 75044
972.495.6986 F: 972.495.8576

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GRAND PRAIRIE, TX 75052
972.602.9238 F: 972.602.9533

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1215 KINWEST PARKWAY
SUITE 110
IRVING, TX 75063
972.506.0931 F: 972.506.0919

IRVING MACARTHUR

2001 NORTH MACARTHUR BOULEVARD
SUITE 550
IRVING, TX 75061
972.579.8155 F: 972.579.4398

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1313 NORTH BELT LINE ROAD
SUITE 102
MESQUITE, TX 75149
972.289.0691 F: 972.289.0607

MESQUITE REPUBLIC

1650 REPUBLIC PARKWAY
SUITE 103
MESQUITE, TX 75150
214.769.6247 F: 214.413.3620

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REHABILITATION**

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972.437.2048 F: 972.480.8514

NORTH DALLAS COIT

510 NORTH COIT ROAD
SUITE 2035
RICHARDSON, TX 75080
972.437.2048 F: 972.480.8514

RICHARDSON

1740 NORTH COLLINS BOULEVARD
SUITE 100
RICHARDSON, TX 75080
972.235.9035 F: 972.644.6790

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8120 LAKEVIEW PARKWAY
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ROWLETT, TX 75088
972.412.4926 F: 972.412.4934

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DAY NEURO @ DALLAS

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DALLAS, TX 75246
214.820.9375 F: 214.820.9560

DAY NEURO @ LAS COLINAS

7701 LAS COLINAS RIDGE
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IRVING, TX 75063
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LITTLE ELM, TX 75068
972.987.4023 F: 972.987.4308

THE COLONY

4897 HIGHWAY 121
SUITE 140
THE COLONY, TX 75056
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1441 SOUTH MIDLOTHIAN PARKWAY
SUITE 170
MIDLOTHIAN, TX 76065
972.723.0380 F: 972.723.0276

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309 E OVILLA ROAD
RED OAK, TX 75154
888.722.9567 F: 888.593.8494

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2460 NORTH I-35E
SUITE 260
WAXAHACHIE, TX 75165
972.938.3311 F: 972.935.0128

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503 LIPSCOMB BOULEVARD
BONHAM, TX 75418
903.583.7433 F: 903.583.3080

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4899 HIGHWAY 6
SUITE 212C
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4971 SWEETWATER BOULEVARD
SUGARLAND, TX 77479
281.277.1330 F: 281.277.0360

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7111 MEDICAL CENTER DRIVE
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TEXAS CITY, TX 77591
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5514 ATASCOCITA ROAD
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HUMBLE, TX 77346
281.441.5371 F: 281.441.5373

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3711 GARTH ROAD
BAYTOWN, TX 77521
281.427.4248 F: 281.427.5078

CROSBY

14700 FM 2100
SUITE 4
CROSBY, TX 77532
281.328.8346 F: 281.328.8347

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17360 NORTHWEST FREEWAY
HOUSTON, TX 77040
713.849.2253 F: 713.849.3103

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10527 FRY ROAD
BLDG C3-100
CYPRESS, TX 77433
281.256.8956 F: 281.256.8962

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SUITE 102
SPRING, TX 77379
281.376.3900 F: 281.376.7019

DEER PARK

3710 CENTER STREET
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DEER PARK, TX 77536
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HOUSTON, TX 77090
281.440.7625 F: 281.440.1463

FONDREN

2500 FONDREN
SUITE 302
HOUSTON, TX 77063
832.252.8055 F: 832.252.8058

GARDEN OAKS

3414 ELLA BOULEVARD
HOUSTON, TX 77018
713.686.8408 F: 713.686.8433

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15311 VANTAGE PARKWAY WEST
SUITE 130
HOUSTON, TX 77032
281.442.6861 F: 281.442.6863

HEDWIG VILLAGE

9055 KATY FREEWAY
SUITE 440
HOUSTON, TX 77024
713.464.8357 F: 713.464.0564

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4000 WASHINGTON AVENUE
SUITE 302
HOUSTON, TX 77007
713.861.2722 F: 713.861.1567

HUMBLE

18648 MCKAY BOULEVARD
SUITE 210
HUMBLE, TX 77338
281.540.0307 F: 281.540.0310

KATY

810 SOUTH MASON ROAD
SUITE 101
KATY, TX 77450
281.392.7811 F: 281.392.3990

COMING
SOON

NEW
LOCATION

NORTHSHORE

5810 EAST SAM HOUSTON PARKWAY NORTH
SUITE K
HOUSTON, TX 77049
281.459.9134 F: 281.459.9136

PASADENA

4500 EAST SAM HOUSTON PARKWAY SOUTH
SUITE 215
PASADENA, TX 77505
281.487.2786 F: 281.487.3054

RICHMOND AVENUE

4009 RICHMOND AVENUE
HOUSTON, TX 77027
713.529.4990 F: 713.523.2452

WEBSTER

711 WEST BAY AREA BOULEVARD
SUITE 608
WEBSTER, TX 77598
281.338.1273 F: 281.332.3939

HAYS COUNTY

BUDA

640 OLD SAN ANTONIO ROAD
SUITE 2
BUDA, TX 78610
512.295.1172 F: 512.295.1180

KYLE HAYS

135 BUNTON CREEK
SUITE 303
KYLE, TX 78640
512.268.4700 F: 512.268.4703

KYLE PARKWAY

5695 KYLE PARKWAY
SUITE 140
KYLE, TX 78640
512.268.0140 F: 512.268.1830

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805 HILL BOULEVARD
SUITE 109
GRANBURY, TX 76048
817.279.7336 F: 817.279.6202

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BEAUMONT

3050 DOWLEN ROAD
SUITE L
BEAUMONT, TX 77706
409.861.4606 F: 409.861.4608

JOHNSON COUNTY

BURLESON

12500 SOUTH FREEWAY
SUITE 201
BURLESON, TX 76028
817.447.2323 F: 817.447.3311

KAUFMAN COUNTY

TERRELL

819 EAST MOORE AVENUE
SUITE C
TERRELL, TX 75160
972.551.2500 F: 972.551.2493

MCLENNAN COUNTY

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1201 HEWITT DRIVE
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WACO, TX 76712
254.776.7864 F: 254.776.0775

MONTGOMERY COUNTY

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1803 WEST WHITE OAK TERRACE
SUITE C
CONROE, TX 77304
936.494.1211 F: 936.494.1215

KINGWOOD

605 ROCKMEAD DRIVE
SUITE 200
KINGWOOD, TX 77339
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MAGNOLIA

5667 FM 1488
SUITE C
MAGNOLIA, TX 77354
281.766.0278 F: 281.305.3381

NEW CANEY

17516 US HIGHWAY 59
SUITE 210
NEW CANEY, TX 77357
281.689.9440 F: 281.661.7813

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2306 RAYFORD ROAD
SUITE 300
SPRING, TX 77386
281.863.9944 F: 281.863.9945

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9851 FM 1097 ROAD WEST
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WILLIS, TX 77318
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ALEDO, TX 76008
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WEATHERFORD

2035 FORT WORTH HIGHWAY
SUITE 300
WEATHERFORD, TX 76086
817.599.9271 F: 817.599.9295

ROCKWALL COUNTY

ROCKWALL

810 EAST RALPH HALL PARKWAY
SUITE 170
ROCKWALL, TX 75082
972.722.0555 F: 972.722.0566

NEW
LOCATION

NEW
LOCATION

NEW
LOCATION

NEW
LOCATION

NEW
LOCATION

ROYSE CITY

594 WEST INTERSTATE 30
ROYSE CITY, TX 75189
972.635.2401 F: 972.635.2402

TARRANT COUNTY

ARLINGTON

5001 SOUTH COOPER STREET
SUITE 109
ARLINGTON, TX 76017
817.419.6044 F: 817.419.6043

ARLINGTON THE PARKS

800 WEST ARBROOK BOULEVARD
SUITE 200
ARLINGTON, TX 76015
817.472.2200 F: 817.467.9021

FORT WORTH BRYANT IRVIN

4901 BRYANT IRVIN ROAD NORTH
SUITE 200
FORT WORTH, TX 76107
817.433.9742 F: 817.433.9699

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3621 CAMP BOWIE BOULEVARD
FORT WORTH, TX 76107
817.570.7073 F: 817.570.7082

FORT WORTH CARTER

1400 EIGHTH AVENUE
FORT WORTH, TX 76104
817.922.7105 F: 817.922.1728

FORT WORTH EASTCHASE

8651 JOHN T. WHITE ROAD
SUITE 121
FORT WORTH, TX 76120
817.542.0714 F: 817.542.0734

FORT WORTH FOSSIL CREEK

5411 BASSWOOD BOULEVARD
SUITE 225
FORT WORTH, TX 76137
817.498.0700 F: 817.498.0813

FORT WORTH LIPSCOMB

929 LIPSCOMB STREET
SUITE 101
FORT WORTH, TX 76104
817.334.0488 F: 817.334.0512

GRAPEVINE LANCASTER

1643 LANCASTER DRIVE
SUITE 100
GRAPEVINE, TX 76051
817.329.2524 F: 817.329.2685

KELLER

460 KELLER PARKWAY
SUITE 460A
KELLER, TX 76248
817.562.1474 F: 817.562.1753

LAKE WORTH

5932 QUEBEC STREET
SUITE 180
LAKE WORTH, TX 76135
817.237.5193 F: 817.237.5240

MANSFIELD

1748 EAST BROAD STREET
SUITE 120
MANSFIELD, TX 76063
817.477.4567 F: 817.477.4591

MID-CITIES

6501 PREGINCT LINE ROAD
SUITE 200
NORTH RICHLAND HILLS, TX 76182
817.428.4073 F: 817.428.4119

NORTH ARLINGTON

4120 STATE HIGHWAY 360
SUITE 105
FORT WORTH, TX 76155
817.283.3049 F: 817.283.3126

SOUTHLAKE

3101 EAST STATE HIGHWAY 114
SUITE B
SOUTHLAKE, TX 76092
817.251.6351 F: 817.251.6324

THE CENTER FOR CANCER & BLOOD DISORDERS

800 WEST MAGNOLIA AVENUE
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817.333.0181 F: 817.333.0184

DAY NEURO @ FORTH WORTH

6601 HARRIS PARKWAY
FORT WORTH, TX 76132
817.738.9866 F: 817.738.3157

TRAVIS COUNTY

AUSTIN ANGUS ROAD

11623 ANGUS ROAD
BUILDING E, SUITE 18
AUSTIN, TX 78759
512.345.4421 F: 512.345.9294

AUSTIN BEE CAVES/ WESTLAKE

2765 BEE CAVES ROAD
SUITE 209
AUSTIN, TX 78746
512.327.5100 F: 512.327.0500

AUSTIN BURNET ROAD

7600 BURNET ROAD
SUITE 560
AUSTIN, TX 78757
512.458.1183 F: 512.458.9433

AUSTIN FAR WEST

6818 AUSTIN CENTER BOULEVARD
SUITE 111
AUSTIN, TX 78731
512.418.8870 F: 512.418.1954

AUSTIN RED RIVER

3200 RED RIVER STREET
SUITE 101
AUSTIN, TX 78705
512.476.8857 F: 512.482.8199

AUSTIN SOUTH LAMAR

3901 SOUTH LAMAR BOULEVARD
SUITE 140
AUSTIN, TX 78704
512.462.3275 F: 512.462.0005

AUSTIN SOUTHWEST 290

9521 US HWY 290
SUITE 102
AUSTIN, TX 78736
737.241.2440 F: 737.241.6347

AUSTIN STEINER RANCH

5145 FM 620
SUITE L-110
AUSTIN, TX 78732
737.273.0490 F: 737.273.0491

NEW
LOCATION

AUSTIN WEST 38TH STREET

711 WEST 38TH STREET
SUITES B3 & B4
AUSTIN, TX 78705
512.450.0909 F: 512.450.0295

AUSTIN WILLIAM CANNON

2501 W WILLIAM CANNON
BUILDING 1, SUITE 102
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LAKEWAY

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LAKEWAY, TX 78738
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MANOR

12400 GREGG MANOR ROAD
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ONION CREEK

11215 SOUTH INTERSTATE 35
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PFLUGERVILLE

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WILLIAMSON COUNTY

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CEDAR PARK WEST

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GEORGETOWN

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GEORGETOWN NORTHWEST

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HUTTO

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LIBERTY HILL

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LIBERTY HILL, TX 78642
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ROUND ROCK UNIVERSITY

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SPECIALTY SERVICES:

- AQUATIC THERAPY
- CONCUSSION
- DRY NEEDLING
- FUNCTIONAL CAPACITY EVALUATION
- OCCUPATIONAL/HAND THERAPY
- IASTM
- LYMPHEDEMA PROGRAM
- MANUAL CERTIFICATION
- MCKENZIE CERTIFIED
- TMJ/CRANIOFACIAL
- VESTIBULAR REHABILITATION
- WORK CONDITIONING

SERVICES VARY BY LOCATION



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While COVID-19 still looms large across the nation, many workers are starting to return to jobs. Whether an employee is returning to work following community lock down, unemployment/furlough or COVID-19 recovery, the WorkStrategies team can help.

Employee Temperature Screening: For employers needing screening assistance, we have a program that provides health care professionals to screen workers with an infrared thermometer prior to entering your work area. If a worker presents with an elevated temperature, company-specific protocols are followed, the workers is sent home and directed to seek medical assistance.

Job Conditioning: With any break in normal activity, a certain amount of de-conditioning will occur, which can put some employees at a higher risk of sustaining a work-related sprain/strain injury. In order to help workers make a smooth and successful transition to regular duty work, WorkStrategies has created a job conditioning program. Job conditioning combines exercises customized for the individual, job-specific task simulation and wellness for a program that addresses the *whole* person. Job conditioning is offered in a tiered system to help employers choose the most effective and cost-efficient solution for them.

Recovery and Reconditioning Program: Individuals recovering from COVID-19 or other debilitating illnesses and conditions may be left with varying levels of deconditioning and weakness. The Recovery and Reconditioning Program focuses on identifying key areas of weakness in patients. Licensed therapists will develop a plan of care that is tailored to needs and goals of each patient.

Telerehab: Our centers are open, providing both in-person care and telerehab for your injured workers to ensure everyone's safety and comfort. When unable to access care in our center, we will virtually bring our services to injured workers so they may heal, build strength and get back to work.

Education: We offer stretching and strengthening programs, wellness education and ergonomic assessments to help keep employees active and focused on their wellbeing.

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WORKSTRATEGIES®

Rehabilitation of Workers with COVID-19 Compensation Claims COVID-19



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The novel coronavirus (COVID-19) has wide ranging effects on all our lives. The effects on the workers' compensation system and physical and occupational therapy have been significant and will continue to evolve. Confirmed COVID-19 cases in the United States are approaching 2.5 million and have resulted in more than 120,000 deaths.¹ Individuals who are at risk for severe symptoms, need for the greatest care and are likely to have the longest recovery path share co-morbidities previously shown to delay recovery from work-related musculoskeletal disorders. These shared co-morbidities include individuals who are older and obese, have chronic and poorly controlled health conditions such as diabetes, lung disease (including asthma), heart conditions, compromised immunity (including from smoking) and liver and kidney disease.²

The Occupational Safety and Health Administration (OSHA) reversed earlier guidance on recordability of COVID-19 as a work-related injury or illness. On May 19, OSHA outlined when and how to record workers who are verified as having contracted COVID-19. This change in position by OSHA will make COVID-19 a primary diagnosis for workers' compensation claims. Additionally, COVID-19 will be a co-morbidity on some claims, complicating recovery from other workplace injuries and illnesses including musculoskeletal conditions. Physical and occupational therapists treating injured workers need to be prepared to rehabilitate workers with a history of COVID-19, as both a primary or secondary condition. COVID-19 can result in adverse effects on multiple body systems including respiratory, cardiovascular, circulatory and nervous and the widespread resultant deconditioning/fatigue and/or cognitive impairment.

In response to the COVID-19 pandemic, Select Medical organized a team of experts including clinicians and physicians with specialties in infection diseases and physical medicine, speech-language pathologists and physical and occupational therapists from its critical illness recovery hospitals, inpatient rehabilitation hospitals and outpatient therapy centers. Under the direction of Select Medical's Education Department, this team developed policies and procedures, education and certification in the treatment of individuals with COVID-19. This share of knowledge and a review of the emerging literature surrounding the effects and treatment of COVID-19 has resulted in our Recovery and Reconditioning Program.

Select Medical has developed champions in every market through the provision of competency-based learning specific to COVID-19 rehabilitation. Centers have been provided tools such as spirometers and oxygen saturation monitors to keep patients safe, develop individualized appropriate programs and track progress. The program is designed to be provided either in person from a distance using our telerehab platform.

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Keeping America on the Job!

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This comprehensive program is designed to promote recovery of:

- Balance and stability
- Cardiopulmonary issues
- Consequences of clotting disorders, including stroke and amputation
- Cognitive or memory impairments
- Decreased endurance and limited breathing capability
- Dizziness or vertigo
- Functional mobility and activities of daily living issues
- General fatigue
- Musculoskeletal pain or soreness
- Range of motion limitations
- Weakness

Alan Evans, P.T., vice president of education for Select Medical, describes the program as “a comprehensive, multi-system reconditioning program designed to safely and effectively address the broad variety of clinical sequelae that can arise from, and persist long after, the development of COVID-19.” The expanding knowledge base on COVID-19 requires any treatment program to rapidly integrate emerging best practice. Evans indicates, “This is where Select Medical, by virtue of its multi-disciplinary expertise across multiple environments of care, coupled with its technological infrastructure can excel in supporting the patients and communities we serve. We have the ability to harvest best practice from evidence as it continues to grow, include it in our treatment guidelines and propagate it instantaneously across more than 1,700 clinical sites.”

Select Medical is the premier provider of outpatient physical therapy and prides itself on its philosophy of One Select. The Recovery and Reconditioning Program is the embodiment of this One Select philosophy, combining the vast expertise, specialties and resources of 46,000 employees across the continuum of care to meet new challenges and deliver the best patient care to those we serve.

References:

- 1) <https://www.cdc.gov/coronavirus/2019-ncov/cases-updates/cases-in-us.html>
- 2) <https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-with-disabilities.html>
- 3) https://www.osha.gov/memos/2020-05-19/revised-enforcement-guidance-recording-cases-coronavirus-disease-2019-covid-19#_ftn1

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